OASIS CATERING
SUMMER/ AUTUMN MENU 2026

Week 1	*Meat free Monday*	*Tuesday*	*Wednesday*	*Thursday*	*Friday*
Option 1	*Vegan Spaghetti Bolognaise*	*Chicken Curry with Basmati rice*	*Sausages with fresh creamy Mash Potatoes and Gravy*	*Meat Lasagne With potato Wedges*	*Golden Chicken Nuggets' with Chips*
Option 2	*Traditional seasonal Vegetable Couscous*	*Macaroni Cheese*	*Vegetable Nuggets with Savoury Pasta*	*Loubia (Morocan white Beans casserole with spinach)*	*Spicy Bean Burger & Chips*
On the Side	*Seasonal Vegetables*	*Seasonal vegetables*	*Seasonal vegetables*	*Seasonal Vegetables*	*Garden Peas Baked Beans*
Daily Items	***fresh fruit, Selection of bread and salad selection available daily***				
Dessert	*Flap Jacks*	*Creamy Rice Pudding*	*Greek Yoghurt with fruit*	*Apple Crumble and Custard*	*Ice Cream*
Notes:	***All vegetarian dishes will contain a protein, e.g. Quorn, chickpeas; All meals comply with Government Food Standards developed by the schools Food Trust***				

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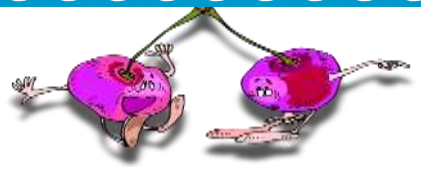

Week 2	MEAT FREE Monday	Tuesday	Wednesday	Thursday	Friday
Option 1 Main Dish	Creamy Quorn Chicken And broccoli Pasta Bake	Golden bread Fish Fillets Seved with potato wedges	Roast chicken with Roast potatoes and gravy	Jacket potatoes served with Chilli con carne	Fish Finger with Chips
Option 2 Vegetarian	Vegetable (Lentils) Curry with Rice	Mediterranean Roasted Vegetable pasta	Macaroni Cheese	Jacket potatoes with Cheese OR Beans or savoury vegan chilli	Margarita pizza with chips
On the Slide	Seasonal Vegetables	Seasonal Vegetable	Seasonal vegetable	Seasonal Vegetable	Baked Beans
Daily Items	**fresh fruit, bread, and salad selection available daily**				
Dessert	Flap Jacks	Creamy Rice Pudding	Greek Yoghurt with fruit	Apple Crumble & Custard	Ice Cream
Notes:	**All vegetarian dishes will contain a protein, e.g. Quorn, chickpeas; All meals comply with Government Standards developed by the schools Food Trust**				

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Week 3	*MEAT FREE Monday*	*Tuesday*	*Wednesday*	*Thursday*	*Friday*
Main dish 1	*Vegetable Lasagne Served with herby Potatoes*	*Lamb Madras with pilau Rice*	*Moroccan Lemon Grilled Chicken with olives served with steamed Rice*	*Spaghetti Bolognaise*	*Chicken Burger & Chips*
Main dish 2 Vegetarian	*Classic Ratatouille Served with* steamed couscous	*Macaroni Cheese*	*Fusilli Pasta with Vegan mince in Savoury tomato sauce*	*Baked potatoes With Mixed Bean Casserole*	*Spicy Bean Burger with chips*
On the Side	*Seasonal Vegetable*	*Seasonal vegetable*	*Seasonal vegetable*	*Seasonal vegetable*	*BBQ Baked Beans*
Daily Items	***fresh fruit, bread, and salad selection available daily***				
Dessert	*Flap Jack*	*Creamy Rice Pudding*	*Greek Yogurt with Fruit*	*Fruit Crumble and Custard*	*Ice Cream*
Notes:	***All meals comply with Government Standards developed by the schools Food Trust***				